



History/Social Science at Home Preschoolers (3-5 yrs.)

How Children Learn

Preschoolers learn about history and social science through their experiences in their families, schools, and communities. They have a growing sense of group belonging and what it means to be part of a larger community.

Activities & Experiences

Provide a range of materials for children to create self-portraits or a representation of their home, school, or someplace else that is special to them.

Read stories that emphasize the jobs people do (doctor, teacher, cashier, mail carrier, etc.) and engage in pretend play about these jobs.

Play "What's Different?"
Change something about your appearance (ex. take off a shoe) and have your child guess what's different or find something that's the same. Take turns guessing.

Make a family tree.
Draw a "tree" on a large piece of paper or an opened paper grocery bag. Use photos or drawings of each family member to attach to the tree.

Create a train or bus with chairs or pillows.
Have your child decorate a paper plate for a steering wheel. Make a train/bus pass out of scrap paper or junk mail envelopes.

How can we support exploration and social-emotional learning?

- Help your child take responsibility for cleaning up by making it a fun and social experience (ex. tossing soft toys into their basket, counting out loud, working together).
- Predict possible outcomes to real events or those in stories.
- Discuss rules and acknowledge that rules may be different in different places.

The toy is so big - you and Penny can carry it together!

What do you think will happen?

At our house, we keep snacks at the table,