



The Arts at Home

Infants (Birth - 15 months)

How Children Learn

Art experiences are a vital part of everyday explorations for infants, as they use their senses to learn about the world around them.

Activities & Experiences

Offer different types of paper for infants to crumple and explore (wax, butcher, parchment, etc.).

Provide a range of materials for your baby to sit or crawl on (ex. carpet, soft blanket, towel, sheet, etc.).

Offer a sponge for your infant to “paint” with water on paper.

Fill a bottle with rice or beans to create a “shaker” for your baby to hold and shake while singing songs or playing music.

Listen and move to different types of music with a variety of instruments, tempos, and beats.

How can we support exploration and social-emotional learning?

- Talk about the sensory experience using descriptive vocabulary.
- Describe your child’s actions and the techniques they use to create art.
- Emphasize your child’s effort and technique over the outcome/product.

The satin feels smooth on your cheek.

You crumpled the paper into a big ball!

You moved the paintbrush to the top of the paper, and then back down to the bottom.